

**PROCLAMATION
DESIGNATING JULY AS PARKS AND RECREATION MONTH**

WHEREAS parks and recreation are an integral part of communities throughout this country, including the City of Clifton; and

WHEREAS parks and recreation promote health and wellness, improving the physical and mental health of people who live near parks; and

WHEREAS parks and recreation promote time spent in nature, which positively impacts mental health by increasing cognitive performance and well-being, and alleviating illnesses such as depression, attention deficit disorders, and Alzheimers; and

WHEREAS parks and recreation encourage physical activities by providing space for popular sports, hiking trails, swimming pools and many other activities designed to promote active lifestyles; and

WHEREAS parks and recreation are leading providers of healthy meals, nutrition services and education; and

WHEREAS park and recreation programming and education activities, such as out-of-school time programming, youth sports and environmental education, are critical to childhood development; and

WHEREAS parks and recreation increase a community's economic prosperity through increased property values, expansion of the local tax base, increased tourism, the attraction and retention of businesses, and crime reduction; and

WHEREAS parks and recreation are fundamental to the environmental well-being of our community; and

WHEREAS parks and recreation are essential and adaptable infrastructure that makes our communities resilient in the face of natural disasters and climate change; and

WHEREAS our parks and natural recreation areas ensure the ecological beauty of our community and provide a place for children and adults to connect with nature and recreate outdoors; and

WHEREAS the U.S. House of Representatives has designated July as Parks and Recreation Month; and

WHEREAS the City of Clifton recognizes the benefits derived from parks and recreation resources.

NOW THEREFORE, BE IT RESOLVED by The Mayor and Municipal Council that July is recognized as Parks and Recreation Month in the City of Clifton.



**JAMES ANZALDI, MAYOR
PETER C. EAGLER, COUNCILMAN
WILLIAM GIBSON, COUNCILMAN
RAYMOND GRABOWSKI, COUNCILMAN
LAUREN MURPHY, COUNCILWOMAN
ROSEMARY L. PINO, COUNCILWOMAN
MARY SADRAKULA, COUNCILWOMAN**